

FREE Nutrition-Related Programs & Databases for your PDA



List compiled by www.pdaRD.com

<i>Application Name</i> Description	Web Site	Operating System
MedMath 28 Formulas (e.g. BEE, BMI, Osm)	www.pdacortex.com/MedMath_Download.htm	Palm OS
MedCalc > 80 Formulas (e.g. BEE, BMI)	http://www.med-ia.ch/medcalc/desc.html	Palm OS Pocket PC
Archimedes Medical calculator	http://www.skyscape.com/EStore/ProductDetail.aspx?ProductID=227	Palm OS or Pocket PC
Food Guide Pyramid New version	http://www.skyscape.com/Estore/ProductDetail.aspx?ProductId=1344	Palm OS or Pocket PC
USDA Nutrient Database SR20 Nutrient Content of foods	http://www.ars.usda.gov/Services/docs.htm?docid=5720	Palm OS
Stat Growth Charts CDC Growth Charts	www.statcoder.com/growthcharts.htm	Palm OS
Stat Cholesterol ATPIII Guidelines	www.statcoder.com/cholesterol.htm	Palm OS
WeightCalc v 1.1 Calculate weight loss/gains	http://www.freewarepalm.com/medical/weightcalc.shtml	Palm OS
NHLBI Nutrition Related Information/Tools	http://hin.nhlbi.nih.gov/palmapps.htm	Palm OS or Pocket PC
Epocrates Rx Drug Database	www.epocrates.com/products/rx	Palm OS or Pocket PC*
LyteMeister Management of electrolytes	http://www.meistermed.com/isilodepot/isilodocs/isilodoc_meister_lm.htm	Palm OS or Pocket PC
ICU Math ICU related calculations	www.freewarepalm.com/medical/icumath.shtml	Palm OS
John Hopkins Antibiotic Guide Search by diagnosis, pathogen or abx	www.hopkins-abxguide.org	Palm OS or Pocket PC
HandyRef v 1.0 Insulin Sliding Scale, DKA, DM	www.handymed.com/HandyRef/Index.htm	Pocket PC
Geriatrics At Your Fingertips 2007-2008 Edition	http://www.geriatricsatyourfingertips.org/front-back/pda.asp students free – others pay a fee??	Palm OS or Pocket PC
GlucoControl v 3.0 Replaces paper logs	http://freewareppc.com/medical/glucocontrol.shtml	Pocket PC

*Program available for RIM Blackberries

TIP: Always download a trial version first to see if you like the program.

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