

## FREE Nutrition-Related Programs & Databases for your PDA



List compiled by [www.pdaRD.com](http://www.pdaRD.com)

<i>Application Name</i> Description	Web Site	Operating System	Price
<b>Password Plus</b> Protect PINs, passwords & more	<a href="http://www.dataviz.com/products/passwordsplus/index.html">http://www.dataviz.com/products/passwordsplus/index.html</a>	Palm OS or Pocket PC*	\$19.00
<b>MobileDB4</b> Database program	<a href="http://www.handmark.com/products/detail.php?id=1">www.handmark.com/products/detail.php?id=1</a>	Palm OS or Pocket PC	\$19.99
<b>iSilo</b> Document reader	<a href="http://www.isilo.com">http://www.isilo.com</a> beta version available for Blackberries	Palm OS or Pocket PC	\$19.99
<b>RepliGo</b> Document reader	<a href="http://www.cerience.com/products/repligo.htm">http://www.cerience.com/products/repligo.htm</a>	RIM Blackberry	\$24.95/qtr \$79/yr
<b>Digestive Anatomy</b> Flash Cards	<a href="http://www.medicalwizards.com/client/productdesc.aspx?productid=73">http://www.medicalwizards.com/client/productdesc.aspx?productid=73</a>	Palm OS or Pocket PC	\$15.95
<b>NeoFax</b> Manual of Drugs and Formulas	<a href="http://www.thomson.com/content/healthcare/brand_overviews/mdx_neofaxmobile">http://www.thomson.com/content/healthcare/brand_overviews/mdx_neofaxmobile</a>	Palm OS or Pocket PC	\$54.95/yr \$54.95/yr
Various programs for health-conscious people	<a href="http://www.vidaone.com/">http://www.vidaone.com/</a>	Palm OS or Pocket PC	Varies
<b>Neocal</b> Calculators	<a href="http://www.hudren.com/products/neocal/">http://www.hudren.com/products/neocal/</a>	Palm OS or Pocket PC	\$19.99
<b>Riley Kidometer 4.4</b> Database of age-based norms	<a href="http://www.kidometer.com">www.kidometer.com</a>	Palm OS	\$17.95
<b>L3 Solutions</b> Software for a mobile world	<a href="http://www.l3solutions.com/PalmHealth.htm">http://www.l3solutions.com/PalmHealth.htm</a>	Palm OS or Pocket PC	Varies
<b>KidCompanion 1.0</b> Bundle of several programs	<a href="http://www.handango.com/PlatformProductDetail.jsp?productId=20689">http://www.handango.com/PlatformProductDetail.jsp?productId=20689</a>	Palm OS	\$40.00
<b>Micromedex</b> Database	<a href="http://micromedex.com/products/mobilemicromedex/mobileinstructions.html">http://micromedex.com/products/mobilemicromedex/mobileinstructions.html</a>	Palm OS or Pocket PC	Facility subscribes
<b>BreastFeed</b> Massachusetts Breastfeeding Coalition -iSilo	<a href="http://www.meistermed.com/isilodepot/isilodocs/isilodoc_breastfeed.htm">www.meistermed.com/isilodepot/isilodocs/isilodoc_breastfeed.htm</a>	Palm OS or Pocket PC	Free
<b>ICU, Electrolytes &amp; Nutrition</b> - iSilo	<a href="http://www.meistermed.com/isilodepot/isilodocs/ppc/icu_electrolytes_nutrition.htm">http://www.meistermed.com/isilodepot/isilodocs/ppc/icu_electrolytes_nutrition.htm</a>	Palm OS or Pocket PC	\$12.95
<b>Essential Vitamins for Health</b> iSilo	<a href="http://www.meistermed.com/isilodepot/isilodocs/isilodoc_palmaserv_vitamins.htm">http://www.meistermed.com/isilodepot/isilodocs/isilodoc_palmaserv_vitamins.htm</a>	Palm OS or Pocket PC	Free
<b>Sports Medicine</b> iSilo	<a href="http://www.meistermed.com/isilodepot/isilodocs/ppc/sports_medicine.htm">http://www.meistermed.com/isilodepot/isilodocs/ppc/sports_medicine.htm</a>	Palm OS	\$6.95
<b>Mead Johnson Nutritionals</b> Pocket Resource Guide	<a href="https://meadjohnson.com/app/iwp/HCP/guestHome.do?dm=mj&amp;ls=0">https://meadjohnson.com/app/iwp/HCP/guestHome.do?dm=mj&amp;ls=0</a>	Palm OS or Pocket PC	Free
<b>Nestles Nutrition</b> Product Guide	<a href="http://www.nestle-nutrition.com/loginstart.aspx?ReturnUrl=%2ftools%2fProfessional%2fPDADownload.aspx">http://www.nestle-nutrition.com/loginstart.aspx?ReturnUrl=%2ftools%2fProfessional%2fPDADownload.aspx</a>	Palm OS or Pocket PC	Free

\*Program available for MAC OS X

**TIP:** Before you buy any software for your Palm, Pocket PC or Blackberry, always download a trial version to see if you like it.

**TIP:** Some companies offer student and/or bulk discount pricing. Contact the company for more details.

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